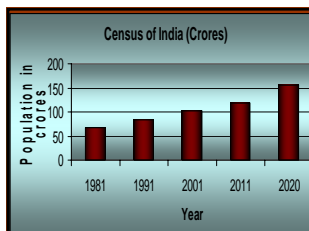


# Novel Approaches in the Value Addition of Tropical Root Crops for Food and Industrial Use

G. Padmaja, S.N. Moorthy  
M.S. Sajeew and J.T. Sheriff

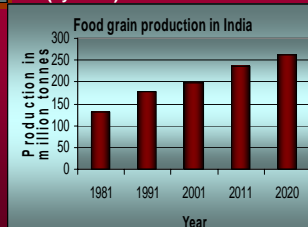
Division of Crop Utilization  
Central Tuber Crops Research Institute  
Kerala, India



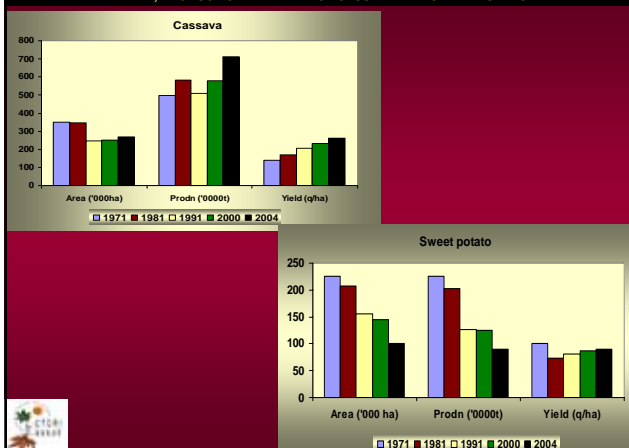
Inadequate supply of food:  
A major threat for India (by 2020)?

Net shortage of food grains:  
ca 26 million tonnes  
(by 2020)

Tropical tuber crops to  
bridge the gap in food  
production (by 2020)



TREND IN AREA, PRODUCTION AND YIELD OF CASSAVA AND SWEET POTATO IN INDIA



## Value Addition: Why is it necessary?



- Large deficit in foodgrains : a major crisis for India by 2020
- 70 % of the population depend on agriculture as the main activity
- Energy requirement of India: to treble by 2030; necessity for alternative fuel sources
- Post harvest losses: accounting to > 30% in horticultural crops
- Demand for processed foods: visualized largely to cope with the changing lifestyle and rapid urbanization



## Value addition technologies for the food sector



### Cassava Semolina



Nutrition facts (per 100 g) Energy: 508 Kcal; Protein: 5.0 g; Fat: 20.0g



Nutrition facts (per 100 g) Energy: 480 Kcal; Protein: 1.0 g; Fat: 24.3g

### Fried snack foods from cassava flour



### Sweet potato based instant gulab jamun mix

\* Gulab jamun- a sweet dessert of India

\* Instant gulab jamun mixes from white fleshed, carotene rich as well as anthocyanin rich sweet potato tubers

\* Sweet potato incorporation from 30-50%

\* Other ingredients include milk powder, refined wheat flour and baking powder



## SNACK FOODS FROM CASSAVA



Nutrition facts (per 100 g) Energy:  
504 Kcal; Protein: 11.5 g; Fat: 25.2g



Nutrition facts (per 100 g) Energy:  
467 Kcal; Protein: 11.9 g; Fat: 22.2g



Nutrition facts (per 100 g) Energy:  
436 Kcal; Protein: 1.0 g; Fat: 12.7g



Nutrition facts (per 100 g) Energy:  
485 Kcal; Protein: 12.8 g; Fat: 24.6g



## SNACK FOODS (SWEET POTATO)



Nutrition facts (per 100 g) Energy:  
542 Kcal; Protein: 22 g; Fat: 29.8g



Nutrition facts (per 100 g) Energy:  
492 Kcal; Protein: 11.3 g; Fat: 23.1g



Nutrition facts (per 100 g) Energy:  
507Kcal; Protein: 8.6g; Fat: 22.9g



Nutrition facts (per 100 g) Energy:  
554 Kcal; Protein: 11.2 g; Fat: 33.2g



## SWEET POTATO JAM

40% sweet potato, 10%  
fruit pulp + 50% others



Nutrition facts (per 100 g) Energy:  
247 Kcal; Protein: 1.3g; Fat: 0.05g



## SWEET POTATO PICKLE



70% sweet potato, 25%  
sesame oil + 5% others

Nutrition facts (per 100 g)  
Energy: 504 Kcal  
Protein: 11.5 g  
Fat: 25.2g



## SWEET POTATO SOFT DRINKS



← 60% sweet potato, 40% others

Nutrition facts (per 150 ml)  
Energy: 173 Kcal  
Protein: 0.20 g  
Fat: 0.07g



## High fructose syrup for Confectionery industries

Root crop	Absolute starch content (%)	Conversion to glucose (%)	Conversion to fructose (%)
Cassava	94	96.86	42.34
Sweet potato	92	96.50	41.92
Greater yam	89	96.40	41.26
Arrowroot	89	95.16	42.58
<i>Curcuma</i> sp.	90	95.21	41.26
Tannia	91	93.42	39.10

- Conversion efficiency : Not influenced by the source
- Potential depends to a large extent on the raw material cost



## Food Extruder



- The demand for quick cooking or instant food products is expanding at a phenomenal rate in developed and developing countries
- Most of the tuber crop powders can be used as feed ingredients in puffed snack food products

Extrusion Parameters for tuber crop powders

- Temperature: 70-230°C
- Feed rate: 5-30 rpm
- Screw speed: 70-130 rpm
- Die size: 1-5 mm

\* Nutritionally fortified extruded products :presently under study



## Extruded products from tuber crops



Cassava flour extrudates



Cassava starch extrudates



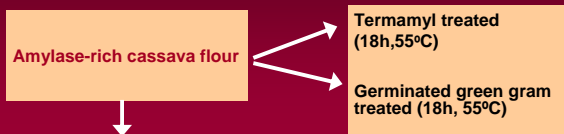
Greater yam extrudates



Sweet potato starch noodles



## Low fat , energy-reduced extruded snacks from cassava



Mixed with wheat and chick pea flour (70:20:10)

Type of flour	Starch (%)	Fat (%)	Energy (Kcal/100g)
Termamyl-treated	69.5	1.0	334
Ter.+ Pre-gelatinised	58.3	1.6	313
Greengram	69.9	1.1	343
G.G+ pre-gelatinised	63.3	2.0	320



## High protein, low fat geriatric health drinks from cassava

•Whey protein concentrate : an excellent substitute for milk powder in cassava starch based formulations



Ingredient (%)	Native starch	Pre-gelatinised starch
Starch	25	35
Maltodextrin	30	30
Milk powder/WPC	20	20
Chocolate powder	10	10
Sugar	15	5

WPC enhanced Protein to 13 % from 5% in milk powder added formulae. Fat reduced from 7% in milk powder formulae to 5 % in WPC added formulae.

## Nutritionally fortified mini-papads (Wafers) from cassava

Fortification with cheese, defatted soy flour (DSF), prawn powder (PP) and Whey protein concentrate (WPC)

Ingredients	Incorporation (%)
Cassava flour	61.0
Rice flour	8.3
Cheese/WPC/DSF/PP	16.7
Chilli powder	2.8
Sugar	2.2
Condiments, spices and preservatives	9.0



\* Protein enrichment range: 8.3-16.8%

## Pre-fermentation : A novel biotechnique for light coloured fried chips from cassava and sweet potato

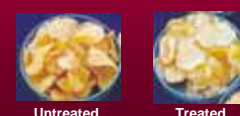
Cassava Pre-fermentation with yeast for 1 h at 30° C, blanching, surface drying and deep-frying

Sweet potato Pre-fermentation for 2 h at 30° C, surface drying and deep-frying

### Cassava chips



### Sweet potato chips



## Value addition technologies for the industrial sector



## Alcohol from cassava

Starch → Glucose → Alcohol

- Patented technology (1980s)
- Comparative ethanol yield from various cassava sources

Cassava source	Yield (l/tonne)
Cassava starch (dry)	470
Cassava flour (dry)	300
Wet root slurry (fresh)	120
Rotten roots (wet)	90
Starch factory waste (byproduct) (dry)	200
Cassava peel (fresh)	56



Recent upsurge in interest due to potential as biofuel

Major bottleneck in adoption: high production cost



← Cassava gum for office use

Cassava starch for textile use →



COLD WATER MISCIBLE STARCH 'Texcool' FROM CASSAVA



Textile application

Good and stable viscosity

Completely soluble in cold water



## BIODEGRADABLE PLASTICS FROM CASSAVA STARCH



Patented in India and abroad



- \* Commercially proven technology
- \* Can be easily adopted by the existing plastic manufacturers
- \* The film possesses adequate mechanical strength and flexibility
- \* Biodegradation time: 6 months to 5 years
- \* Technology transferred to four companies in India
- \* Major drawback: Cost 40% higher than conventional material



## Tuber starches for tablets



- Corn starch used as inert filler in tablets
- Tuber starches in native form and modified form can serve as replacers to corn starch in tablets
- Potential of starches from cassava, sweet potato, yam, arrowroot and elephant foot yam as disintegrant in tablets was studied: Arrowroot was the best.
- Octenyl succinate cassava starch and alpha amylase modified cassava starch were studied for use as binder in tablets. Latter has better binding properties.



## Processing Machinery for tuber crops



## Machinery for Tuber Crops



Cassava harvester

Cassava peeling knife





## CASSAVA CHIPPING MACHINES



**HAND OPERATED**

Output : 38-117 kg/h



**PEDAL OPERATED**

Output: 83-768 kg/h



**MOTORISED**

Output: 300-1100 kg/h



## MULTIPURPOSE MOBILE STARCH EXTRACTION PLANT FOR TUBER CROPS



### CAPACITY

Cassava: 200 kg/h  
Sweet potato: 135 kg/h



## Rasper and Granulator



**CASSAVA RASPER**

Capacity : 400 kg/h  
Motor : 0.5 hp



**FEED GRANULATOR**

Capacity : 20 kg/h  
Application : for making granulated (spherical) feed



## PILOT PLANT FOR LIQUID ADHESIVE FROM CASSAVA STARCH



Capacity : 100 litres

### Applications :

Carton sealing, laminated board, metal foil-to-paper laminating, corrugated board, bottle and container labeling, bill posting, cigarette seaming, bag making etc.

### Advantages :


- Good flow characteristics
- 'Ready-for-use' by the consumer
- Ideal for small scale entrepreneurs








### Commercially important enzymes (using tuber starches as source for microbial growth)




Type of enzyme	Use
Alpha – amylase	Liquefaction of starch in alcohol, liquid glucose and HFS production
Glucosylase	Saccharification of starch
Glucose isomerase	Conversion of glucose to fructose in HFS production
Cellulase	Production of alcohol and commodity chemicals from lignocellulosic wastes
Pectinase	Clarification of fruit juices during production of wine, beer and soft drinks
Lipase	Cheese maturation, eco-friendly detergents etc.
Alkaline proteinases	Eco-friendly detergents as stain removers

\* Proposed under the World Bank-aided National Agricultural Innovation Project



### Natural microbial biocolours



**Synthetic colours :** Decreasing use due to increasing awareness about toxicity


**Natural biocolours :** Produced by microorganisms especially by the mold, *Monascus purpureus*

**Type of pigments :**

- Red :** Rubropunctatin, Monascorubin
- Purple :** Rubropunctamine, Monascorubramine
- Yellow :** Monascin

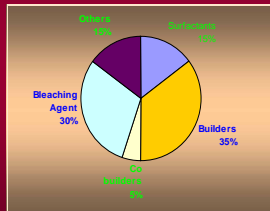
**Production :** From starch / starch factory waste as carbohydrate source for microbes

\* Proposed under the World Bank-aided National Agricultural Innovation Project



### Eco-friendly Detergents based on Starch


**Composition of Detergents**



Builders 35%  
Bleaching Agent 30%  
Co-builders 10%  
Surfactants 15%  
Others 10%

✚ Cassava starch based surfactants, builders/co-builders and bleaching activators to be produced

✚ Help enhance the spectrum of utilization of starch



### In situ and Outreach training programmes as a tool for transfer of technology

Training on food production technologies for Self Help Groups



Demonstration of processing equipment

## AGRO-PROCESSING CENTRES

- ★ Opportunities for *Income and employment generation*
- ★ Provide *good quality processed foods to local/rural population at relatively lower prices*
- ★ Supply *primary processed raw materials to large industries in cities*
- ★ *Value addition to agricultural and horticultural produces*

### CTCRI – Bank of India – NIDS Collaboration

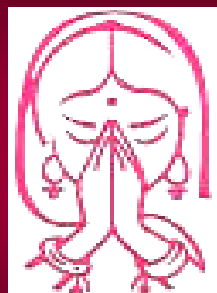


Reaching to Empower



*As the world moves on and on  
CTCRI also marches ahead  
To serve the cause of the farmers and industrialists*





*THANK YOU*

